

Interpersonal Neurobiology in the Clinical Setting: Collaborating Body-Based Relational Therapy & Art Therapy



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As clinicians strive to integrate the new science of the brain into their daily practice, research makes one thing very clear: the importance of the therapeutic relationship. What once defined psychotherapy, the therapeutic alliance has now become a given, overlooked and often misunderstood. New evidence from the neurosciences demonstrates that more than ever, as clinicians we must understand and learn how to use the therapeutic relationship, or more specifically right-brain to right-brain interactions, for best outcomes in treatment.

In this training, we will present a working model of Interpersonal Neurobiology in an easy-to-understand and easy-to-apply format, so that clinicians can use the latest advancements in neuroscience to inform their clinical practice. Using a case study based on a shared teenage client, the facilitators describe the overall process and specific steps they took in applying approaches informed by Interpersonal Neurobiology, and how these approaches collaborated to form a successful treatment outcome in support of this troubled client.

Friday July 8 2011

9:00 am – 4:00 pm

**Art Therapy Institute of the Redwoods
10151 East Road
Redwood Valley, CA 95470**

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*\$85 for sign-ups before June 1
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For reservations, please send a \$50 deposit by
June 29 (please include your email) payable to:

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